

YOU ARE THE

*Salt*

OF THE EARTH



YOU ARE THE

*Light*

OF THE WORLD

5<sup>th</sup> Sunday of Epiphany

Sunday, February 8, 2026

8 am & 10 am ~ Holy Communion

*All Saints' is committed to the  
Pattern of Life of Jesus the Christ lived out in  
Radical Inclusion  
Extravagant Equity and  
Compassion that leads to Justice*

Incumbent The Rev Samantha Caravan

Deacon The Rev Suzanne McMillan

Deacon The Rev. Christian Harvey (ON LEAVE)

Director of Youth and Family Cormac Culkeen (ON LEAVE)  
Ministry

Youth Assistant Rose St. Thomas

Organist and Choir Director Tunde Okubadejo

All Saints' Peterborough

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# Welcome Home

to the  
Anglican Church



Welcome into the sacred space of All Saints' Peterborough, we are so glad you are here. All Saints' is an Anglican Church that is rooted in the pattern of life of Jesus the Christ, our ministry and worship is based on Christ's, Radical Inclusion, Extravagant Equity, and Compassion that Leads to Justice. We invite you to fill out one of our Welcome cards so that we can keep in touch, and please pick up one of our Welcome packages.

## Land Acknowledgement

All Saints' Peterborough resides on the sacred land of the Michi Saagiig Anishinaabeg, the first peoples of this land. We offer our respect to those ancestors who may be buried in this land. This sacred land is part of the Rice Lake Purchase, Treaty 20. All Saints' is committed to continued reconciliation with our Indigenous siblings, through continued education and the inclusion of readings from the First Nations Bible.

## Liturgical Notes

1. In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews (also called Israelites) of the ancient Near East or, in Christian theology, to all people who put their faith and trust in God as the ancient peoples of God.
2. Younger and Elder Testament. The traditional terms for the testaments 'Old' and 'New' have been changed to Elder and Younger. This has been done as an act of equity and promise. Old and New are words in our society that add value to things – often anything that is old is considered less valuable than things that are new. In our Christian context the New Testament has replaced the Old Testament, which is not only an incorrect theology, but it has also tied to it ethnic value, and antisemitic tones. The words Elder and Younger are born out of equity, and the Younger Testament is born out of the Elder Testament.

PRELUDE PRELUDE ON IRISH TUNE

HEALEY WILLAN

HYMN 482 COME AND JOURNEY WITH A SAVIOUR

BEACH SPRING

Come and journey with a Saviour who has called us from our birth,  
Who has washed us in the waters, and who loved us on the earth.

**REFRAIN** Come and journey, come and journey with a Saviour who has come.  
We are all God's beloved children; in the Spirit we are one.

Come and journey, journey inward, come and seek him deep within,  
Where he meets us in our living, in our striving and our sin. *R*

Come and journey, journey outward, telling others of his name,  
telling others of his glory, of his cross and of the shame. *R*

Come and journey, journey outward, where that cross, calls us to care,  
Where injustice and where hunger and the poor call us to share. *R*

Come and journey, journey upward. Sing his praises, offer prayer.  
In the storm and in the stillness find his presence everywhere. *R*

Come and journey, journey onward; all our gifts we now shall bring  
To the building of a city that is holy, Christ its King. *R*

WELCOME

ACKNOWLEDGEMENT AND THANKSGIVING FOR THE LAND

Presider All creation sings to the glory of its Creator.

All Thanks be to God for the gift of all peoples, creatures and this planet  
that sustains us. For our First Nations, Metis, and Inuit siblings and their  
care of this land we are standing and worshipping on. All things come  
from God, and we give thanks to God for them. Amen.

OPENING PRAYERS

Presider The grace of our Saviour Jesus the Christ, and the love of God,

and the companionship of the Holy Spirit, be with you all.

All      And also with you.

Presider Almighty God,

All      To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Saviour and Redeemer. Amen.

Presider Gracious God we are grateful for the communion of saints, for those we love and no longer see, for those who are present in our lives and who need your grace and healing, we lift up to you Gracious God those in our community who have asked for prayer. For . . . . – teach us to be their support, to be the hands, and hearts of your healing grace.

All      Amen.

#### COLLECT OF THE DAY

Presider Creator God,

All      giver of love's law, in whom there is no blandness, no dullness of oppression; liberate us from all that numbs compassion that we may find in your commands a welcoming light and the taste of your glory; through Jesus the Christ, fulfiller of the law. Amen.

#### THE PROCLAMATION OF THE WORD

Reading

*Isaiah 58:1-9a, NRSV*

A reading from the Elder testament and the writings of the Prophet Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet!

Announce to my people their rebellion, to the house of Jacob their sins.

Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?'

Look, you serve your own interest on your fast-day and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist.

Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to God? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke?

Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of God shall be your rearguard. Then you shall call, and God will answer; you shall cry for help, and God will say, Here I am.

Reader Listen for the leading of the Spirit

All **Thanks be to God**

#### Psalm 112, NRSV

Psalm 112 is an acrostic poem that serves as a sequel to Psalm 111, detailing the character and rewards of those who "fear God". While Psalm 111 praises the works of God, Psalm 112 focuses on the life of the person who reflects God's character. I invite you to read the psalm with me.

**Praise God! Happy are those who fear God, who greatly delight in God's commandments.**

**Their descendants will be mighty in the land;  
the generation of the upright will be blessed.**

**Wealth and riches are in their houses,  
and their righteousness endures for ever.**

**They rise in the darkness as a light for the upright;  
they are gracious, merciful, and righteous.**

**It is well with those who deal generously and lend,  
who conduct their affairs with justice.**

For the righteous will never be moved;  
they will be remembered for ever.

They are not afraid of evil tidings; their hearts are firm, secure in God.

Their hearts are steady, they will not be afraid;  
in the end they will look in triumph on their foes.

They have distributed freely, they have given to the poor;  
their righteousness endures for ever; their horn is exalted in honour.

Reading

1 Corinthians 2:1-12, NRSV

A reading from the Younger testament and Paul's first letter to the Corinthians Church.

When I came to you, my beloved, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus the Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Sovereign of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So, also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader Listen for the leading of the Spirit  
All Thanks be to God

Alleluia, alleluia! Give thanks to the Risen One.  
 Alleluia, alleluia! Give praise to God's name.  
 Come, let us praise the living God, joyfully sing to our Saviour.  
 Alleluia, alleluia! Give thanks to the Risen One.  
 Alleluia, alleluia! Give praise to God's name.

GOSPEL Matthew 5:13-20 *Inclusive Bible*  
 Gospeller May God be with you.  
 All **And also with you**  
 Gospeller The Holy Gospel of our Saviour Jesus the Christ according to Matthew.  
 All **Glory to you, Jesus the Christ.**  
 You are the salt of the earth. But what if salt were to lose its flavour?  
 How could you restore it? It would be fit for nothing but to be thrown out and trampled underfoot.  
 You are the light of the world. You do not build a city on a hill then try to hide it. do you? You do not light a lamp then put it under a bushel basket, do you? No, you set it on a stand where it gives light to all in the house. In the same way, your light must shine before others, so that they may see your good acts and give praise to your God in heaven.  
 Do not think that I have come to abolish the Law and the Prophets. I have come not to abolish them, but to fulfill them. The truth is, until heaven and earth pass away, not the smallest letter of the Law, not even the smallest part of a letter, will be done away with until it is all fulfilled. That is why whoever breaks the least significant of these commands and teaches others to do the same will be called the least in the kingdom of heaven. Whoever fulfills and teaches these commands will be called great in the Kingdom of Heaven. I tell you, unless your sense of justice surpasses that of the religious scholars and the Pharisees, you will not enter the kingdom of heaven.  
 Gospeller The Gospel of Christ  
 All **Praise to you, Jesus the Christ.**

Alleluia, alleluia! Give thanks to the Risen One.  
 Alleluia, alleluia! Give praise to God's name.

SERMON Rev. Samantha Caravan

*Silence is kept for reflection.*

APOSTLES CREED

Presider Let us confess the faith of our baptism, as we say,

All I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF THE PEOPLE

Intercessor Gracious God,

All Hear our prayer.

CONFSSION AND ABSOLUTION

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy. Let us confess our sin, confident in God's forgiveness. Most merciful God,

People We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus the Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sin, and keep you in eternal life, through Jesus the Christ our Saviour and Redeemer. Amen.

THE PEACE

Presider May the peace of Jesus the Christ be with you all.

All And also with you.

## COMMUNION

### OFFERTORY

*Offertory Plates are at the front of the church.*

*You are also invited to make an offering to the ongoing ministry of All Saints' Peterborough by either dropping off a cheque in the mailbox at the church or by clicking to donate button on our website.*

HYMN 456 HE COMES TO US AS ONE UNKNOWN

REPTON

He comes to us as one unknown, a breath unseen, unheard;  
as though within a heart of stone, or shriveled seed in darkness sown,  
a pulse of being stirred, a pulse of being stirred.

He comes when souls in silence lie and thoughts of day depart,  
half-seen upon the inward eye, a falling star across the sky  
of night within the heart, of night within the heart.

He comes to us in sound of seas, the ocean's fume and foam;  
yet small and still upon the breeze, a wind that stirs the tops of trees,  
a voice to call us home, a voice to call us home.

He comes in love as once he came by flesh and blood and birth;  
to bear within our mortal frame a life, a death, a saving name  
for every child of earth, for every child of earth.

He comes in truth when faith is grown; believed, obeyed, adored:  
the Christ in all the Scriptures shown, as yet unseen, but not unknown,  
our Saviour and our Lord, our Saviour and our Lord

### PRAYER OVER THE GIFTS

Presider Covenant God,

All as a sign of devotion to you and your vision for the world, we bring these gifts. May they bring light to those who have lost their way, hope to the despairing, and freedom for those held in bondage. In Christ's name, we pray. Amen.

Presider May God be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them up to God.

Presider Let us give thanks to our Saviour God.

All It is right to give our thanks and praise.

Presider Blessed are you, gracious God, creator of heaven and earth, you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus the Christ our Saviour and Redeemer. Therefore, we praise you, joining our voices to proclaim the glory of your name.

All Holy, holy, holy One, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, hosanna in the highest.  
Blest is the One comes in the name of God.  
Hosanna in the highest, hosanna in the highest.

Presider We give thanks to you, Creator God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days, you sent him to be incarnate from your servant, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Saviour Jesus the Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sin. Whenever you drink it, do this for the remembrance of me." Therefore, according to Christ command,

All We remember his death, we proclaim his resurrection,  
we await his coming in glory;

Presider and we offer our sacrifice of praise and thanksgiving to you, God of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his sacrifice of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus the Christ our Saviour and Redeemer, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty God, now and forever.

All Amen

#### LORD'S PRAYER

Presider Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

All Our Father, in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

#### STATEMENT OF COMMUNITY

Presider We break this bread of life, and that life is the light of the world.

All God here among us, light in the midst of us, bring us to light and life.

Presider The gifts of God for the people of God.

All Thanks be to God.

#### AGNUS DEI HYMN 747

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sin, have mercy on us,

Jesus, redeemer of the world, give us your peace, give us your peace.

## COMMUNION

*All are welcome to receive Communion at All Saints'; this is God's table open to all.  
Please follow the instruction of the sides people.*

*For those present in spirit, the following prayer may be said to  
make a spiritual communion.*

*I worship and adore you, Saviour and Redeemer, Jesus the Christ, present in bread  
and wine, and present in your people, who are gathered in spirit. In this moment I  
join with them to receive you in my heart, and in our community. May you, present in  
bread and wine, be present in my heart and feed and renew my soul. Amen.*

## ANTHEM DEAR LORD AND FATHER OF MANKIND

Dear Lord the Father of mankind Forgive our foolish ways  
Reclothe us in our rightful mind In purer lives, thy service find,  
In deeper reverence praise

In simple trust like theirs who heard Beside thy Syrian sea  
Thy gracious calling of the Lord Let us, like them, without a word,  
Rise up and follow thee

Drop thy still dews of quietness Till all our striving cease  
Take from our souls the strain and stress And let our ordered lives confess  
The beauty of thy peace, The beauty of thy peace

Breathe through the heats of our desire Thy coolness and thy balm  
Let sense be dumb, let flesh retire Speak through the earthquake wind and  
fire O still small voice of calm

## PRAYER AFTER COMMUNION

Presider Almighty God,  
All once again you have given us what we need: sacrament, one another,  
hope for a better day. With renewed energy we offer ourselves to be sent  
out in your name; hopeful, grateful, useful, leaders of liberation,  
proclaimers of your love. Amen.

Presider Glory to God,  
All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, forever and ever. Amen.

## BLESSING

## ANNOUNCEMENTS

HYMN 502 YOU ARE SALT FOR THE EARTH

*BRING FORTH THE KINGDOM*

You are salt for the earth, O people: Salt for the kingdom of God!  
Share the flavor of life, O people: Life in the kingdom of God!

*REFRAIN* Bring forth the kingdom of mercy, Bring forth the kingdom of peace;  
Bring forth the kingdom of justice, Bring forth the city of God!

You are a light on the hill, O people, Light for the city of God!  
Shine so holy and bright, O people: Shine for the kingdom of God! *R*

You are a seed of the Word, O people, Bring forth the kingdom of God!  
Seeds of mercy and seeds of justice, Grow in the kingdom of God! *R*

We are a blessed and a pilgrim people, Bound for the kingdom of God!  
Love our journey and love our homeland: Love is the kingdom of God! *R*

Presider Followers of Jesus, inspired by the Holy Spirit,  
serve the world God loves!

All Thanks be to God.

POSTLUDE PRELUDE AND FUGE IN E MINOR (CATHEDRAL) BWV 533

J. S. BACH



# EASTER

## CHOCOLATE MAKING



It is that time again – the making of the Easter Eggs.

There are a schedule and link on the website for you to sign up to help. Many hands make light work. Our goal this year is to make 1500 eggs!

Go to the website to sign up to volunteer.



**Sun, Feb 8 ~ 5th Sunday after Epiphany**

8am Communion & 10am Communion and Family Ministry

**Wed, Feb 11 ~ Souper Supper Potluck**

5 - 6:30 pm - bring your favourite pot of soup to share.

**Thurs, Feb 12 ~ Monthly Eucharist and Lunch**

10am Eucharist followed by lunch. Parish Hall.

**Fri, Feb 13 ~ ACW**

1 - 3pm - Guest speaker from PATH

**Sun, Feb 15 ~ Feast of the Transfiguration**

8am Communion & 10am Communion and Family Ministry

**Tues, Feb 17 ~ Pancake Supper & Community Meal**

5 - 6:30pm - Pancakes and fun!

**Wed, Feb 18 ~ Ash Wednesday**

7 pm Communion and the Imposition of Ashes

**Sun, Feb 22 ~ Lent 1**

8am Communion & 10am Communion and Family Ministry

**Sat, Feb 28 ~ Music in the Hall ~ Stay Tuned for details!**

JOIN US FOR OUR  
2026

# Pancake Supper

FEBRUARY'S  
Community  
Meal



Tuesday, Feb. 17th  
5:00 - 6:30 pm  
235 Rubidge St.  
Upper Parish Hall

EVERYONE  
WELCOME

