SPRING 2022

ALL SAINTS' PETERBOROUGH





From the **Paster's** desk

BY REV. SAMANTHA CARAVAN

"I am just exhausted!" a parishioner said to me recently (actually more than one parishioner). The collective exhaustion we are feeling is not from running the five minute mile, it is a result of the last 27 months of COVID, the ongoing war in more — more compliance, Ukraine where innocent people and children are dying every day, from school shootings south of our boarder, and another Provincial election where the party that won a majority did so with only 41% of the vote, and a National bishops admitting to sexual

misconduct. Freedom convoys, anti-vaxers and anti-maskers. arguments in families about health care mandating our lives. The exhaustion and the feeling that there is nothing we can do comes from 27 months of being constantly asked for more patience, more understanding, more, more, more. The result is many of us have very little left to give.

Thank God for the summer! The balance of the COVID restrictions having been lifted, flowers are blooming, plans

The children's focus led by Pastor Samantha Caravan during our joint-service on Easter Sunday

are being made to visit with family and friends, and the Common Cup has returned to worship. All these things tell us that there are brighter days ahead, and with any luck the summer will give us all a little rest and refreshment.

This summer will be the first time since hiring Cormac in Sept., 2019 that we will be able to offer Discovery Camp in person. Kids, a lot of them, will take over the space and place of the church for the first two weeks of July and the

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We cannot solve all the world's problems. We can only lean into the gospel and reflect its love and justice in our lives.

- SAMANTHA CARAVAN

last two weeks of August. For the Leadership, this creates an exhaustion of a different kind! We are so excited to be able to engage with children and families in person this summer. Along with this Tunde and Cormac have set a date for the first Junior Choir rehearsal – it will take place on Thursday, Sept 15th. Stay tuned for more details! It is open to any child aged six to high school. Over the summer there will be a few other changes. First. we will be worshipping in the upper parish hall from July 10th until August 28th. Live stream will still be available. This will allow for the painting of the front wall in the church (where the two screens are) to be done. Scaffolding needs to be erected and all kinds of things (organ and screens) covered up to facilitate the work. The second change which is more permanent is that in a revised partnership agreement with the KYO (Kawartha Youth Orchestra) they will be moving into the parish hall basement and taking over the use of the Wilson Lounge. This partnership is paramount to our continued growth, success, and sustainability. The Leadership Team took this decision to Parish Council, and it is with their support on behalf of the parish that we will sign a new three year agreement with KYO.

I commend the rest of the reports and stories in Dispatches to you. I hope that as you read it you will have the same excitement I have. Excitement that comes with growth and openness, while at the same time respecting our traditional roots. We cannot solve all of the world's problems. We can only lean into the gospel and reflect its love and justice in our lives. We all do that in different ways, and whether you think so or not, I am confident you are doing it well. In this season of summer when a slower pace of life is possible, I encourage you to just breathe.

I pray a blessed and restful summer for you with lots of love and laughter.

Blessings,

Samantha

EDITOR'S NOTE

Through good times and challenging times, life at All Saints' goes on. As you will find out in this spring's edition of Dispatches, it often goes on in the most wonderful way. Thank you to everyone who makes that happen.

And thank you to everyone who contributed to this newsletter — to Sarah Cook, who designs it, and to all who have contributed articles. We always welcome any suggestions on how we can make this publication better, including nominations for All Saints' saints, or a request to read about the journey of a fellow parishioner.

A happy summer to you all!

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Sylvia Sutherland sylvia.sutherland@outlook.com 705-761-5771



Sunday's at 9:30 am

July 10th to Aug 28th Upper Parish Hall Live Stream also available

Sep 4th - 9:30 am in Church

Sep 11th 8am – Quiet said Eucharist 9am – Sunday's Cool 10:30am – Sung Eucharist with Choir

ALL SAINTS' MINISTRY TO YOUTH AND FAMILIES

UPDATE BY ROSE ST. THOMAS, YOUTH AND FAMILY MINISTRY ASSISTANT

Hello All Saints'! A lot has happened in the Youth and Family Ministry since our last "Dispatches" article, so let us fill you in on some of the fun events we've held this spring and some new and exciting ways we are reaching the young people of our parish community.

Leading up to Easter, we made take-home Discipleship Kits for more than 85 children, containing a tailored selection of educational arts and crafts, Holy Week activities, reflections, and readings. On Easter Sunday after our service. All Saints' hosted a Giant Easter Egg Hunt. This outreach event was a great success, with more than 70 neighbourhood children taking part. It was a real "scramble" to gather the 2000 Easter eggs in the churchyard, but we also shared chips, free children's books through our new children's library (thank you Sue!), and hand-made hats made by Shirley. It was an amazing opportunity for All Saints' to show love to the neighbourhood. We were so happy to welcome new families to our 9:00 am "Sunday's Cool" Service as a result of their participation in the Easter Egg Hunt.

Our 9:00 am service continues to be a relaxed, prayerful, and inclusive service for families and for community members who need a bit more space to move, make sound, and ask auestions during service. While the 9:00 am Sunday's Cool service is now on pause for the summer months, it will be back on September 11, 2022. The Sunday's Cool service has been an awesome way to help new families and community members get connected to All Saints'. Sharing breakfast together everv week after the service is a highlight for this little flock!

KYO and the Upbeat! Downtown Program are also on "summer vacation" after an excellent vear. This partnership continues to bear good fruit for the Youth and Family Ministry at All Saints', because often we're serving the very same families. Having multiple points of connection allows more kids and families to feel deeply at home at All Saints'. All Saints' long history of loving music, youth, and families also matches perfectly with the goals and values of Upbeat! Downtown. This is certainly a "harmonious" partnership! We're already looking forward to partnering with Upbeat! Downtown again in the fall.



Our free community Fun Fair & Father's Day BBO on June 19 was a resounding success. If you were at All Saints' for this event, you will have witnessed all of Cormac's bouncy castle aspirations turned into glorious reality. There was a massive bouncy castle, free carnival-style games with prizes galore, and a feast of freshly grilled burgers and hotdogs provided free of charge to around 300 people from the neighbourhood, including many young families. It was wonderful to hear the All Saints' church vard buzzing with the sound of so many happy people, enjoying the lovely weather and experiencing the love of our parish.

Our giant Easter Egg Hunt was a giant success.





Above: Members of our Sunday's Cool ' flock' enjoying breakfast at the Parish Hall after the service. Right: Mitchell and Cormac having fun while helping with the AV



Up next. All Saints' will be hosting 4 weeks of Discovery Camp over the summer! **Discovery Camp is like** Vacation Bible School - but even cooler! From July 4-8th we'll be making a splash with our Under the Sea Camp, followed by a deep dive into the place where we live with Camp Peterborough on July 11-15th. Next, we'll be learning all about how we can better love our neighbours with Justice Camp from August 15-19th and finally we'll be reaching new heights with our Superhero Camp from August 25-29th.

The camp day runs from 9:00 am - 4:00 pm and the week includes special guests and field trips! If you're interested in volunteering, please let Cormac or Rose know. We need all the help we can get!

On September 11, 2022, the All Saints' choir will be back and our 8:00 am, 9:00 am, and 10:30 am services will begin again. To celebrate this return, we'll be throwing another free Fun Fair that will be open to the entire community with food, games, art, and a dunk tank!



Samantha prepared "goop" using cornstarch and water to demonstrates Trinity Sunday's three-in-one lesson.

Children form a line waiting for a turn on the bouncy castle during our recent Free, Neighbourhood Fun Fair - which included games, a BBQ, and Father's Day celebrations



With a first rehearsal scheduled for September 15, Cormac and Tunde will also be collaborating to launch the new All Saints' Junior Choir. This initiative will honour All Saints' legacy of supporting young musicians, while nurturing young people in our neighborhood.

Thank you for reading all about what we've been up to and we hope you'll join us in giving thanks for our shared ministry with youth and families at All Saints'.

Calendar Dates

Upcoming



Community Meals

July 29, Aug 26, and Sep 30

Seniors Eucharist and Luncheon

Thursday, Sep 22 RSVP by emailing pastor@ allsaintspeterborough.org

Upbeat!

Registration for the next season of our partner KYO's Upbeat! Downtown's 2022-2023 season is now open. This year they will be opening the program to children aged 8 through 12 years of age.

UPBEAT will begin with a Family Orientation Tuesday, September 13th, and will resume the following week Tuesday, September 20th.

All registrations are reviewed on a first-come-first-served basis and spaces are limited.

Registration link: bit.ly/Upbeat2022



TOM'S JOURNEY

As submitted by Tom Bell

I was born on March 17, 1947 to Helen Corson Bell. at Toronto General Hospital. But my arrival was not really typical, you see. Because my Mom lived in Peru.

My Dad, Tom Bell, was born in Scotland in 1902. He was one of five children of Catherine and Sandy Bell. Granny Bell was a Highland lady who came invited to come down to work down to work near Edinburgh, met her "Wee Manny" and settled in a lovely village near the city.

Dad studied mechanical engineering at Heriot Watt College (now a large technical university in Edinburgh). Soon after graduating, he answered an ad by a small petroleum company in Talara, Peru. Talara is on the north coast of Peru, right on the Pacific. about 30 miles from Ecuador. In 1927, he took a freighter to Talara, embarking on a 30-year Colombia, the family settled in career with International Petroleum Co.

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Perhaps most importantly, I get an opportunity to exercise what spirituality I have by singing with the choir.

- TOM BELL

Mom was born in Toronto in 1908. and trained as an RN at Toronto Western Hospital. After the Depression, during which time she helped support her parents by working at the Toronto General as an obstetrics nurse. she was contacted by a cousin who happened to be working in the oil refinery in Talara and in the hospital there. Mom met Dad literally the moment she got off the boat and they were married just before the War.

When Mom was pregnant with me, she insisted on flying up to where obstetric care was the best in the world in her mind — Toronto General — and that is where I came into the world. She flew back to Talara when I was 6 months old. We all lived there until 1955, and after an additional two years with the company in Cartagena, St. Thomas, Ontario when Dad retired. I was 10 when we moved there.

I went to Western University in London and graduated from medicine there in 1973. I met Ann at Western and we were married at St. John's in North York on November 25, 1972.

After I interned in Edmonton and did two further years in a residency in Family Medicine, Ann and I moved to Peterborough in 1976. With my good friend and classmate, Larry Kerr, we opened a small medical clinic in Bridgenorth. I was completely retired by July, 2018.



After living in Peru and Colombia, Tom's family settles in St. Thomas where he was eventually confirmed into the Anglican Church at the end of high schoól.

My Dad was a Scottish Presbyterian, Mom was Anglican. We tended to go to Knox Presbyterian in St. Thomas where the minister, Harry Scott Rodney, was an amazing orator. However, I eventually was confirmed into the Anglican Church in 1965 at the end of my high school vears.

I didn't get much involved in church until we moved to Peterborough and Ann and I started a family. Both Andrew and Katie were baptized here. Rev. Canon Keith McKean was Priest at All Saints' when we started coming to the church. My attendance for many years was spotty, insofar as there were numerous weekends of being on call in my work. As time passed, however, I became more engaged as Andrew got involved in Church League Hockey. I became involved in the running of our hockey teams, along with Bill Twist, Paul Grady, Randy Pagett and other dads. We had many fun years doing this, socializing, watching our kids grow. Andrew still maintains contact with a number of friends he made playing hockey with All Saints'.



Tom and Ann Bell, both active in the All Saints' choir, have joined the group on many trips and performatices throughout the years.

Another great memory I have with All Saints' is our Slo Pitch ball team. Coached by Gerry Peters, the early team included: Rev. Canon Milton Barry, Randy, Norm Klingbeil, Ted Dawes, Doug Wraight and his boys, Gary Burns, Brian Beckett, Dennis Vass, Les Henwood, Bryan Keelan, Dave Haake and John McMillan. Betty Vass was our scorer and faithful supporter. It was a great morale booster to have this group of star athletes out every Sunday afternoon in the summers.

I have always enjoyed singing. Ann joined All Saints' choir about 10 years ahead of me. My inclusion was rather through a back door. While accompanying the choir (as a dutiful spouse) on its annual end of season trip to Kingston to sing, Dr. Tom Miller and Giles Bryant convinced me they could use another bass, so I threw an extra gown on and warbled away. I had such fun, with Gord Thompson. Chris Cummings, Eric, Curtis, and company, that I decided to have also enjoyed being a cast my lot with this group, and member of the Property I have never regretted it, making friends and enjoying various levels of hilarity that will give pause to St. Peter allowing me through those gates when my time comes.

I have learned an incredible amount about music thanks to our Choir leaders, Giles Bryant still a community that cares and Syd Birrell. Perhaps most importantly, I get an opportunity to exercise what spirituality I have by singing with the choir. With Tunde's

arrival, we are learning traditional Nigerian hymns of praise that bring a fresh turn to our musical journey. We have had to resort to less complex songs as well, given the shrinking of the choir and the struggles we have had with COVID restrictions, but we are hanging on.

For two years I served as one of the Wardens, and remain amazed at the amount of daily work this position requires. I Committee as it is fun to work with a practical group of people to organize where the hammering, painting, and sawing goes on at All Saints'.

Surviving as a Church now is not easy, and it challenges our best resolves, but I feel we are about one another, and supports one another and that is what we are all about in the eves of the Lord.

A Word from our Wardens UPDATE BY RANDY PAGETT, WARDEN

The sale of the Terrace property to the City of Peterborough was finally closed on Friday, April 22. The net proceeds from the sale less legal fees and miscellaneous costs were \$983,561.61. This was deposited at the CIBC as soon as the certified cheque was received. At the end of April,

(\$900,000) was transferred to a GIC at the CIBC. This is a temporary stage as investment strategies will be investigated by the Finance Committee in the fall. The 20% owed to the Diocese, (\$196,712.32) was e-transferred in early June

In other property news, the pointing on the exterior walls and the installation of capping and flashing has be completed. There should be no leaks in the church for several decades. With this completed, the walls with flaking paint will be repainted during the summer. This will require the installation of scaffolding. As a result, services will be moved to the Parish Hall for July and August.



BY TUNDE OKUBADEJO, DIRECTOR OF MUSIC

Even though we are still at the recovery phase of the disruptions COVID-19 pandemic brought in its wake, it is obvious that there is light at the end of the tunnel. Thus, we thank God for His goodness and mercy that endure forever.

Incidentally, as we approach the summer-choral break, it is important to give a synopsis of our choral activities for the spring season. Prior to the Easter period, the choir welcomed the addition of three choral scholars in the persons of Caitlyn, Emma and Lizzie. Their addition served boost to the overall performance of the choir. Although there was no special Cantata/Concert held during the Easter period, the choir rose to the occasion during our services and particularly during the festive periods: Maundy Thursday, Good Friday, Easter Sunday, Ascension Sunday, Pentecost and Trinity Sunday with beautiful rendition of Hymns, Chants and Anthems. Moreover, on June 13, the people of Peterborough and its environs witnessed the first classical concert held in Peterborough after a long period of COVID-19 lockdown restrictions. It was an awesome event as the choir joined the Peterborough Singers in performing the Faure Requiem and Vivaldi Gloria.

Lastly, as the choir goes on its summer-choral break on June 19, we plan to review, prepare and renew our commitment to the choral activities for the fall season. We hope to resume the second week of September fully reinvigorated for choral activities in the last quarter of the year.

Thank you.

The choir during their precessional hymn during the Easter Sunday service.



Four weeks of themed Discovery Camps will run with the cost is \$150 a week per child - *no child is turned away because of financial reasons.*

July 4 - Under the Sea July 11 - Camp Peterborough August 15 - Justice Camp August 22 - Super Hero Camp

We invite you to sponsor one or more of them - or help out as you can! Go to our website and click the DONATE button to help provide children with these incredible opportunities.



ACW REACHES OUT TO HELP

UPDATE BY KAREN SADLER, ACW PRESIDENT

The ACW has had two great meetings recently, one featuring our own Rev. Suzanne McMillan who told us about the Food Security Program. We were surprised by the number of people we assist with meals and the amount of work it takes each week to organize and get meals to the families. The ACW was 100 % behind donating \$1000.00 to this great cause.

Last month, the ACW had Ria Nicholson, the lead Philanthropic Advisor for the Peterborough-Haliburton YWCA, speak about that organization's program for women and children escaping domestic violence. We learned that a woman will, on average, attempt to leave her abuser seven times before becoming successful. The YWCA has a hotline women can call for advice, including legal advice. It was unanimous that we donate \$1000.00 to the YWCA to continue this program.

Also discussed was the cost of meals at the One Roof Diner. It costs approximately \$250.00 to provide a meal a day for 150 clients. Discussion is ongoing about whether to donate again to this program.

PRESERVING OUR PROPERTY

UPDATE BY GRAHAM HART, PROPERTY COMMITTEE CHAIR

Spring has seen a good deal of restoration activity on the upper west end of All Saints' Anglican Church. Last year we commissioned John Laundry Heritage Masonry to do extensive pointing of the somewhat deteriorated upper stone westerly exterior, which would see completion of the third stage of pointing work in recent years. John Laundry tells me there were serious gaps, the result of deterioration of original pointing allowing for serious leaks during wet weather and damaged to interior walls.

The Wardens and Incumbent agreed with the Property Committee's recommendation we cap and flash worked on areas, not just with steel, but with the superior, more expensive and much longer lasting lead covered copper, to ensure protection over many years to come. Steve's Sheet Metal in Bridgenorth was contracted to determine the shape and size of what was required and then to bend and construct accordingly. John Laundry and staff then accomplished the installation.

While working on the foregoing, John and his team cleaned out eavestroughs packed with guano on the southwest corner of the church, so full as to prevent rain water from reaching the downspouts and causing water to overflow the eavestrough and deteriorate pointing on the wall behind. The long term effect was damage to interior walls in the chancel. With that project now completed, Peter Kubovic will, in July, begin repairs to, and the painting of, interior walls in the chancel and walls facing the congregation on each side of the chancel (where the video screens now are), obviously the victims of some of that leaking water over the past few years alluded to above.

Also in July, we'll rent a lift sufficiently sized to allow Peter to replace and paint an exterior rotted wooden sill beneath the Ascension Widow. He'll then paint the trim around all three sections of that window. While the lift is there, we'll have an electrician repair a broken light support at the top of the center window, saving the added cost of having the company bring its own lift.

Peter also plans, with that same lift, to paint the trim around windows above the Rubidge Street entrance of the church that were considered too high to safely paint on a ladder when the other windows around the sanctuary had their exterior trim caulked and repainted a couple of years ago.



Left: recent upgrades to security near side entrance. Below: Many gaps were addressed during the pointing of the bricks on the west end of All Saints'.



On the agenda is further investigation into the possibility of installing an elevator to the church basement and an idea we've also considered to gain access to the sanctuary and church office by way of a west entrance door, where there's now a window, thereby eliminating the circuitous route wheelchairs are forced to negotiate in achieving that end through the current north facing entrance.

Fall Bible Study

with Dr. Sylvia Keesmaat Wednesdays – Sep 14, 21, 28, Oct 12 and 19 6:30pm – Soup, 7pm – 9pm Study



A Life-Giving Story: How to Read the Bible

The Bible is first and foremost a story - of hope and heartbreak, surprising betrayals and audacious faithfulness.

Come and rediscover why this story of God and the world has fired the imagination and given hope for faith-filled resistance throughout history.

To learn more about Dr. Keesmaat go to www.bibleremixed.ca

ASK THE PASTOR

I was wondering: What does serving and receiving communion mean to you both personally and spiritually? Rose St. Thomas

Rose, this is such a great question and a daunting one. People have such different theological interpretations of the Eucharist and its meaning. Traditionally, our teaching and spiritual practice is rooted in the theological understanding of sacrifice, that Jesus died for our sins. There was a time in the Anglican church where you could be prohibited from receiving communion. I am very grateful we have come to a more loving and open table than we have had in the past.

Serving communion for me is a call and a privilege. Personally, as a priest I am called to serve at the altar. and to act as an agent of God's grace, mercy, and unlimited love in the sharing of our common meal. When I place the consecrated bread into the outstretched hands of a communicant, I am humbled by our need as human beings to gather and share this meal and awed by God's love for us that something as simple as bread and wine unites us in such an intimate way. Not only in our actions as we receive, but in our intent as people of God. Spiritually when we receive the bread, we acknowledge that we are in the presence of God, that we are gathered together in the intent of the gospel, which is to share the love of God in our lives with anyone we meet. This can be anything from a simple smile to a stranger, to listening to the pain of someone and holding it for them so they can rest from it.

Personally, as a child of God in need of redeeming, when I receive communion (usually by my own hand), I am grateful for the reminder that God is with me throughout all time and space. That from the very first 'Last Supper' Jesus exampled for me family (in all who are gathered for a meal). forgiveness (in that Judas also received), and in service of others as Jesus washed feet. Spiritually, I believe that this meal is a gift that knits us together through all time and space. A gift of grace and love, of justice and hope, of compassion and mercy. For me personally, the spirituality

of the eucharist is about being created in the image of God, loved by God, and then being a reflection of the image of God in this world. My favourite eucharist prayer sums up my personal theology and spirituality of the eucharist with these words, 'Send your Holy Spirit into us, that we may recognize each other as members of the same body, Christ's hands and feet and heart, sent for the healing of the world. Amen.'

I would love to know how you would answer this question.

Blessings, Samantha

We commit to the safe keeping of God the following members of All Saints'

Mary Laura Blaby September 14, 1925 - January 16, 2022

Douglas James Watkins October 28, 1948 - February 23, 2022

Barbara Claire MacKay (nee Miller) February 11, 1932 - April 19, 2022

Doreen Marjorie Taylor March 18, 1933 - May 20, 2022

Margaret Isabelle Fanning

July 30, 1934 - October 5, 2021 Interment June 3, 2022

George Franklin Butt November 5, 1928 - June 1, 2022

Bryan Gerard Keelan April 13, 1933 - April 9, 2020 Memorial service June 18, 2022

Frances Helen Edwards May 28, 1931 - June 13, 2022

Rest eternal grant unto our beloved, O God. And let light perpetual shine upon them. May the souls of our beloved family, and the souls of all the departed rest in peace and rise in glory. Amen

SJAC & All Saints' Garden Update

BY REV. SUZANNE MCMILLAN, SJAC CHAIR AND ALL SAINTS' DEACON

Hello everyone, how are you doing? No doubt grateful that summer is here and COVID, finally, appears to be taking leave to some degree.We are delighted to bring you up to speed on our current activities in the parish.

Truth and Reconciliation education continues to be front and centre for us. How can it be anything less with the devastating number of unmarked children's graves found recently across Canada, David Dunn, Leslie Yee, Ross Garland and I are eager to share our personal passions about Truth and Reconciliation and the Doctrine of Discovery. Together we will determine what our intentional and essential steps will be to work toward justice with indigenous peoples. We will meet in person in September and are presently familiarizing ourselves more fully with the 94 Calls to Action from the Truth and Reconciliation Commission of Canada.

As you know, we are also passionate about Food Security. We are either buying food, washing food, packing food, delivering food or making food most days of the week at All Saints'! And our Food Security partners, such as Kawartha Food Share and Food Not Bombs, are doing the same. For us, food security in the form of weekly food distribution to 35 to 40 families has grown out of the Prince of Wales breakfast program that was cancelled due to COVID.

So many heartwarming stories are shared as we see the families weekly. Amazingly, we have become part of their lives and they have become part of ours. Who lost a tooth this week?

Who had their appendix out? (Alex) Who broke their wrist? (Brooke) Jobs are lost, jobs are found, new babies are born (Violet) and welcomed. Struggles are shared and support is given. We have become "fast and trusted companions" on this road we call life. And definitely on a first name basis, too!

We love food at All Saints' and our monthly Community Meals started up again in March with the approval of the PPHU. From 5-7 pm on the last Friday of the month you'll find us in the upper Parish Hall sharing supper with our neighbours. Please join us anytime. Facebook advertisements and flyers in the neighbourhood go out the week prior to the supper. So far we've had a great response.

People love the meal because it's familiar comfort food, and to date everyone has come back for second and even third helpings! If anyone is keen to play cards or games after supper you can join in on the lower level of the Parish Hall.

I have to say, our raised garden beds have been truly blessed this year! Let me tell you about the "little souls" who helped us start our seedlings, watered them, put them in the sunlight, and tended them faithfully until they were ready to be planted in our beds at the church. Lovingly, every day for six weeks the children of "Babbling Brook Daycare" with Miss Emily's guidance learned how to love their plants and care for them. We are so grateful for the gentle, tender care they gave each plant. Who were these "little souls" you ask. Well, there was Brooke, Everett, Kinsley, Berkley, Annika, Hughey, and Thomas, Thank you so much for taking such good care of our little plants, kids. You're the best!

On Saturday, May 28th, Miss Emily, Mr. Matt and Brooke brought all of the healthy and happy little plants to All Saints' and had a "planting bee"in the raised garden beds on the south side of the church! They planted squash, tomatoes, carrots beets, cabbage and cauliflower, cucumber, onions, pumpkins, and last but certainly not least, Kayley and Mackenzie came to help us plant potatoes. And we planted a lot of them, right?

I'm told that many hands make light work and we had "oodles" of little "loving hands" helping to make our garden grow this year! What a joy to watch them delight in working in the soil and watching with care and love seeds grow to become what will be food on someone's table.

I hope you enjoy these pictures of the children as much as I do. Each season God brings us special unexpected moments to cherish. This growing season these little souls have given us joy and hope. They are precious in our sight! Our special thanks to Emily, Matt and Brooke for being the source of "light and love" for our garden this Spring. We are so delighted that you are part of our Parish Family.

That's all for now folks..... have a happy summer. Let's connect again at Harvest time!

Your friend in Christ, Suzanne (Parish Deacon) Chair of the Social Justice and Advocacy Committee











WANTED: Nominees for "Saint of the Season"

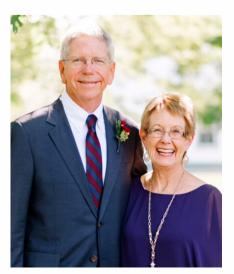
Here is your chance to nominate a deserving soul for All Saints' sainthood. **Do you know of** someone who has made or is making a significant impact on this parish, who lives a life of faith, who loves God and their neighbour? If you do, please send their name and a brief outline of why you think they qualify for All Saints' sainthood to sylvia.sutherland@outlook.com



This time we have two saints – Tom and Ann Bell — who have contributed and continue to contribute in a myriad of ways to All Saints' and the community.

You can read all about Tom in "Tom's Journey" elsewhere in this issue. Here, we concentrate on the other half of such as the Peterborough Aids that remarkable pair.

Ann was born in Toronto but spent the 50s moving between Moose Jaw, Saskatchewan & Edmonton. Alberta where she was confirmed. When she was in Grade 8, her family moved to Toronto, where she went to high school. Her family attended St. John's York Mills where Ann taught Sunday School and belonged to the active youth group. After high school she studied nursing at the University of Western Ontario, and met Tom while he was studying Biology. They were married two years later while Tom was in medical school.



Ann loved her career in nursing and worked in hospitals on the medical and psychiatry floors as well as a nurse practitioner at a community health centre on the Oneida First Nation.

Most of her career was spent working in public health with families and community groups Resource Network and the School for Young moms. What she liked most was getting to know families well, caring for them, and helping people improve their quality of life.

After Tom finished his residency, they chose to move to Peterborough where Tom could start his practice as a family doctor in Bridgenorth.

When Ann and Tom arrived in Peterborough in 1976 they visited a few Anglican churches and chose All Saints' because it was close to their home in the west end - and the choir was so good. Both their children, Andrew & Kate, were christened and confirmed here.

Since joining All Saints', they have made many friends through the years. Tom played on the slo pitch team and Andrew played hockey for All Saints'. Tom was a member of the Parish Advisory Board and then served as a Warden. He has helped on the Property Committee, organized Men's Breakfasts, helped cook

Tom and Ann Bell cherish the beautiful music and caring community at All Saints'.

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What is a 'saint'?

Well, a "Saint' capital 'S' is a person who has lived a life of faith that has been virtuous and holy. It is usually a person who has made a significant impact on who we are as a Church and as such has been canonized by the Church such as St. Paul, or St. Peter, or Kateri Tekakwitha Canada's first Indigenous Saint!

A 'saint' lowercase 's' – is you! A 'saint' is anyone who lives a life of faith, who strives to be more Christlike with each passing day, who loves God and loves their neighbour.

Welcome to sainthood!

pancakes at the Pancake Supper and belonged to the Natural Church Development committee. Ann taught Sunday school and has helped make Easter eggs with the ACW. She has been the Vestry Clerk and served on the Mission Quest/Mission Action Plan committee, Heritage Trust, and the Finance Committee.

Currently, Ann & Tom are both members of the choir where they have loved leading the music at the services. They have also had a lot of fun and made many good friends.

When they joined All Saints', they found a beautiful sacred space where they could join in worship in the Anglican tradition with wonderful music. But in addition to that, they found a community of people who cared about each other and about the people in the world beyond the church. Many of these people have become close friends, and All Saints' has become part of their lives in Peterborough.

Their sainthood has been truly earned.